

## TRINITY CHRISTIAN COLLEGE

#### MANY THANKS TO OUR PARTNERS

Trinity Christian College: Bootsma Bookstore Cafe, Library Services, Faculty & Staff; Metz Culinary Management, Illinois Philharmonic Orchestra, and Southwest Symphony Orchestra

"Ye are the Salt of the Earth...Ye are the Light of the World." ~Matthew 5:13-14~



OPEN HOUSE EVENT WEDNESDAY, SEPTEMBER 4, 2024 1:00 PM - 3:00 PM DOORS OPEN AT 12:30 PM

#### OZINGA CHAPEL GRAND LOBBY REGISTER BY AUGUST 29

Registration required See enclosed Registration Form or visit www.trnty.edu/salt to sign-up

Learn about Fall SALT classes and activities

 Meet Advisory Board Members
 Meet SALT instructors
 On-site registration
 Light Refreshments Served

## WELCOME BACK TO AN EXCITING SEASON OF SALT!

SALT (Seasoned Adults Learning at Trinity) is a membership-based program for community members 50+ who are interested in ongoing education and lifelong learning. We offer a variety of courses on numerous hobby and academic topics, as well as, tours, book discussions, and other special events.

#### MEMBERSHIP

The annual membership fee is \$25. Membership includes: access to on-campus services, discounts from selected partners, and personal invitations to campus events. Members must be enrolled in at least one class each semester for the membership to remain active. Members may bring a friend to activities as outlined by the SALT program. For a list of membership incentives, see Membership Perks.







#### REGISTRATION

Enrollment for classes, trips, and other SALT activities can be made in-person, online, or by mail. Membership and enrollment information will be sent by mail to the registered member. Visa, Mastercard, and Discover credit cards are valid forms of payment. Cash is not accepted. All checks or money orders should be made payable to Trinity Christian College.

Mail payments to:

Trinity Christian College ATTN: SALT Office 6601 W. College Drive Palos Heights, IL 60463

#### **ONLINE REGISTRATION**

Visit www.trnty.edu/salt to register for SALT courses and events online. Changes to registration after submission must be made by calling the SALT office, 708.293.4570 or sending an email to salt@trnty.edu.

#### **MEMBERSHIP PERKS**

- Special discounts on Illinois Philharmonic Orchestra and Southwest Symphony Orchestra performances
- Invitation to campus lectures and special discussions following lectures
- Invitation to campus chapel services
- Listener's passes to traditional classes
- Access to Library Services
- 20% discount at Bookstore
- Quarterly Newsletter
- Discount in Trinity's Dining Hall
- Discount at Bootsma Café
- On-campus parking sticker





#### ASSISTANT DIRECTOR ADVANCEMENT SERVICES & SALT PROGRAM Dewoun Hayes salt@trnty.edu | 708.293.4570

#### **ADVISORY BOARD MEMBERS**

Dan Lynch Marjorie Perkins Merrill Riddering Lynn Tenkate Bob Rice Linda Nicol Rich Schaffer

#### PARKING

Trinity Christian College has five general parking lots. For your convenience, it is recommended that you use the Ozinga Chapel or Cheyenne Drive lots. If you have any questions regarding parking, contact Security, 708.239.3722. The parking permit needs to be displayed on your dashboard while parking on college property.

#### **PHOTOGRAPHS**

While participating in our various programs, you may be photographed. These photographs are used in a variety of publications and advertising materials. By registering for our programs, participants consent to the use of these pictures.

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#### **1-SESSION COURSE**

#### **2-SESSION COURSES**

A The Glacial Past of Chicago



- A Elegance in Ink The Fine Art of Calligraphy
- B Be Still and Know: Mindful Movement Meditation
- **C** The Civil War: Faith in the News and White House

#### **3-SESSION COURSES**

- 4-SESSION COURSES
- A Chicago is no Stranger to Tragedy: Exploring the City's Disasters and Their Lasting Impact
- **B** Coming to America: Immigrant Memoirs
- **C** Simon & Garfunkel: Together and Apart
- D Facts in Fiction on Crime in Film: Unveiling the Myths of Chicago's Infamous Figures in Film

- A Global History of the Worlds Since Aristotle
- **B** Unexpected Legacies: The Greats During the Great Depression
- **C** The Book of Hebrews -Participation in God's Speech



#### BRING A FRIEND TO CLASS PASS

Do you have a friend who wants to see SALT in action before becoming a member? Members can bring a friend to one class, any session per season (April-May or September-November) for a fee of \$10 per person. Subject to available seating.



## REFUNDS AND WITHDRAWALS

No refunds will be given for withdrawals made less than one week prior to the class start date. Requests for a refund or withdrawal must be made in writing to salt@trnty.edu.

#### PARTICIPANTS

There is a minimum of five participants in a class and 10 per trip. In the event of low enrollment, classes and trips will be canceled.

#### LISTENER'S PASS (VALUE \$330)

A SALT member may attend Trinity Christian College courses for free and participate in all activities of the course but does not have an obligation to fulfill any of the requirements of the course, nor does the instructor have an obligation to evaluate the attendee's work. The Listener's Pass option is subject to course availability.

A listing of courses will be distributed to the membership prior to Trinity's semester start date. Members who are interested in using the Listener's Pass can email salt@trnty.edu with the name of the course. An email will be sent confirming enrollment as a "listener" in the course.

#### INSTRUCTOR BIOGRAPHIES

To learn more about each class instructor, visit trnty.edu/salt.

#### ANNUAL MEMBERSHIP FEE (REQUIRED)

April 1, 2024 - March 31, 2025

1-Session Course	\$20
2-Session Courses	\$25
3-Session Courses	\$30
4-Session Courses	\$35
Bring a Friend to Class Pass	\$10
Senior Break	\$10
Listener's Pass	FREE

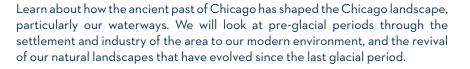


#### **1-SESSION COURSE DESCRIPTION**

1A-SESSION
THURSDAY, OCTOBER 10
1:00 PM - 2:30 PM
Register by October 3
Location: CL212

THE GLACIAL PAST OF CHICAGO

Gareth Blakesley, Director and Chief Naturalist Lake Katherine Nature Center & Botanic Gardens





#### **2-SESSION COURSE DESCRIPTIONS**

2A-SESSION	
WEDNESDAYS,	ELEGANCE IN INK – THE FINE ART OF
OCTOBER 9 AND 16	CALLIGRAPHY
10:30 AM - NOON	Debra Majewski, Dept. Chair/Professor
Register by October 2	Clinical Mental Health Counseling Trinity
Location: CL203	Christian College

Step into the enchanting world of calligraphy. This immersive experience is designed for both beginners and enthusiasts seeking to master the art of beautiful writing. Led by a seasoned calligraphy artist, this workshop promises to unravel the secrets behind creating captivating strokes and graceful letterforms. Through a series of interactive exercises, attendees will practice basic techniques, from mastering foundational strokes to crafting intricate designs. Join us and unlock the beauty of calligraphy as you embark on a creative and fulfilling experience that transcends the written word. Participants will receive a set of calligraphy pens.



#### **2B-SESSION**

TUESDAYS, OCTOBER 29 AND NOVEMBER 5 2:00 PM - 3:30 PM Register by October 22 Location: Ozinga Chapel Grand Lobby Physical Activity Level: Light

## BE STILL AND KNOW: MINDFUL MOVEMENT MEDITATION

Mary-Lynn Colosimo, Emeritus Professor of Psychology Trinity Christian College, Certified Yoga and Meditation Teacher

Mindful movement meditation is a practice that combines meditation and gentle physical movements. Attendees will join in a circle and share in some gentle movements as they participate together. They will use the breath as a tool to calm the mind and deepen the practice. By the end of the two sessions, attendees will develop a deeper understanding of the mind-body connection, suitable for all levels of experience. This is not a yoga class, but a mindfulness class using some gentle yoga movements to wake up the body and the mind.

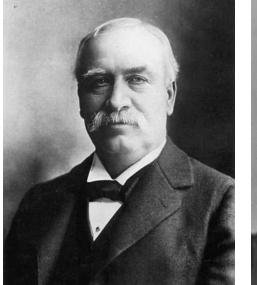
Session 1 is an introduction to mindfulness and Session II is bringing the mindfulness practice into the world. There is a class limit of 12 students committed to attending both classes. This class is ineligible for the Bring a Friend Pass.

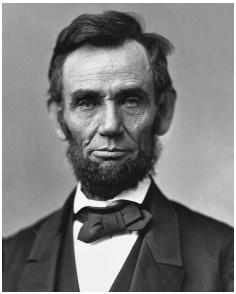
2C-SESSION THURSDAYS, OCTOBER 10 AND 17 10:00 AM - 11:30 AM Register by October 3 Location: CL202

**THE CIVIL WAR: FAITH IN THE NEWS AND WHITE HOUSE** Scott Dominiak, Educator and Civil War Re-enactor

In Session I, the instructor will portray Henry Villard, who was one of 19 correspondents for the Chicago Tribune during the Civil War. He will provide insights into the state of newspapers in both the North and South, particularly in Chicago. He will discuss the political nature of newspapers, technological advancements, the role of newspapers in the armies, and Villard's relationship with Abraham Lincoln. Attendees will also hear the captivating story of Junius Browne and Albert Richardson, correspondents for the New York Tribune, who were captured by Confederate forces and endured 620 days in captivity until reaching safety in the Union lines.

In Session II, attendees will explore Lincoln's spiritual journey, shedding light on Abraham Lincoln's often overlooked faith in God. Despite not belonging to any denomination, his belief in God was deeply significant, influenced by personal tragedies such as the deaths of his mother, sister, and two sons, as well as by the Civil War. His spiritual journey fluctuated, but ultimately led him to the realization that events were under the control of God, not man.







#### **3-SESSION COURSE DESCRIPTIONS**

#### **3A-SESSION**

TUESDAYS, SEPTEMBER 24, OCTOBER 1 AND 8 10:00 AM - 11:30 AM Register by September 17 Location: CL 202

#### CHICAGO IS NO STRANGER TO TRAGEDY: EXPLORING THE CITY'S DISASTERS AND THEIR LASTING IMPACT Ed Bara, Former Adjunct Faculty, Trinity

Christian College

Join us in exploring the history of Chicago through some of its most devastating events. Spanning three weeks, participants will delve into several topics: *The Eastland Disaster*, although improvements were made to the Eastland after the sinking of the Titanic, the ship rolled over and 800 people died. The *Iroquois Theater Fire*, despite the zoning ordinances and fire codes, over 600 people perished; *Our Lady* 



of the Angels School Fire, where even though the school had passed safety inspection months prior, the unthinkable happened when fire erupted. Other significant fires covered will be the *Green Hornet Fire*, the *Stockyard Fire*, and *The Great Fire of 1871*, which all illustrate the ongoing challenges and resilience of this storied city. Be prepared to discover the stories, lessons, and reflect on the impact of these tragedies that have shaped Chicago's history.

#### **3B-SESSION**

MONDAYS, OCTOBER 7, 14. AND 21
10:00 AM - 11:30 AM
Register by September 30
Location: Fusion 59 Room,
Huizenga Memorial Library

### COMING TO AMERICA: IMMIGRANT MEMOIRS

Bob Rice, Professor Emeritus of History, Trinity Christian College

In this class, we will review passages from three immigrant memoirs through which we will explore their journey to America. The memoirs portray a Korean family who arrived in 1900, a Latvian family who arrived shortly after World War II, and a Salvadoran family from Central America who arrived in the 1990s. For each family, we will discuss their nation of origin and why they left, their attempts to find placement in America, and important events and larger developments that their migration had in common. Participants do not need to read these memoirs in advance of the class. However, their stories are found in: *Quiet Odyssey* by Mary Paik Lee (Korean), *A Woman in Amber* by Agate Nesaule (Latvian), and *Solito* by Javier Zamora (Salvadoran).

#### **3C-SESSION**

MONDAYS, OCTOBER 28, NOVEMBER 4 AND 11 10:00 AM - 11:30 AM Register by October 21 Location: CL202

#### SIMON & GARFUNKEL: TOGETHER AND APART

Gary Wenstrup, Adjunct Professor, College of DuPage



Join us in exploring the history of Simon & Garfunkel. If you took the sweet harmonies of the Everly Brothers and matched them with the lyricism of Bob Dylan, the result might be Simon & Garfunkel. Often considered the "thinking person's rock 'n' rollers," they were also one of the most successful musical acts of the 1960's. Using audio and visual content. attendees will trace the arc of Simon & Garfunkel's career from sensations such as their surprise teenybopper hit, Hey Schoolgirl; the folk-rock classic, Sound of Silence: the ever popular, Mrs. Robinson; and the majesty of Bridge Over Troubled Water. This class will also cover their successful solo careers including

the remarkable reunion concert in New York's Central Park and Paul Simon's worldwide smash album *Graceland*.

<b>3D-SESSION</b>
TUESDAYS, OCTOBER 15,
22, AND 29
10:00 AM - 11:30 AM
Register by October 8
Location: CL202

#### FACTS IN FICTION ON CRIME IN FILM: UNVEILING THE MYTHS OF CHICAGO'S INFAMOUS FIGURES IN FILM

Dennis Connelly, Trinity Christian College Professor, Criminal Justice

Dive into the captivating world of crime in film with this class that will explore the intriguing lives and legends of Chicago's most infamous historical figures -Al Capone, Elliott Ness, and John Dillinger - and how Hollywood portrays their stories. This class will analyze films depicting these characters and identify factual accuracies and the artistic liberties taken in these portrayals. This class is ideal for criminology enthusiasts, history buffs, and anyone interested in the interplay between historical fact and cinematic fiction.

#### **4-SESSION COURSE DESCRIPTIONS**

4A-SESSION	
TUESDAYS, OCTOBER 1,	A GL
8, 15, AND 22	SINC
1:00 PM - 2:00 PM	Sky J Assist
Register by September 24	Assist
Location: CL203	

## A GLOBAL HISTORY OF THE WORLDS SINCE ARISTOTLE

Sky Johnston, Trinity Christian College, Assistant Professor of History



This course offers a novel narrative of global history from the 4th century BCE to the present. We will employ the theoretical concept of worldmaking to help show that humans have imagined and reimagined the world throughout our history. Attendees will see that while these successive worlds existed in people's minds, they also influenced how people behaved and how humans interacted with each other and with nature.

The course will meet in four sessions and is organized into two successive (and slightly overlapping) worlds that we call the Mediterranean World (350 BCE - 1610 CE) and the Columbian World (1492 CE - Present). In Session I, attendees will focus on the Mediterranean World which was described by Aristotle (384-322 BCE) and connected culturally by the military conquests of his pupil, Alexander the Great (356-323 BCE).

In Session II, we explore the transition from the Mediterranean World to the Columbian World in the sixteenth century when human conceptions of cosmology and the political organization of the world were drastically transformed. In Session III, we explore the defining characteristics of the Columbian World including European colonialism and the rise of science. In Session IV, we raise the possibility that since 1950, the Columbian World has waned and that the world is in the midst of another transition period, a new era of "worldmaking."

#### 4B-SESSION

#### WEDNESDAYS, OCTOBER 2, 9, 16, AND THURSDAY, OCTOBER 24 1:00 PM - 2:15 PM

Register by September 25 Locations: October 2, 9, & 16 -CL202; October 24 in the Van Namen Recital Hall

#### UNEXPECTED LEGACIES: THE GREATS DURING THE GREAT DEPRESSION Cleo Lampos, Educator and Storyteller

The Great Depression was more than a decade of dust, despair, and desperation; but, an endowment of creativity, art, and accomplishments. In four sessions, we will explore the "unexpected legacies" of people who endured the Great Depression. In Session I, attendees will study the *Legacy of the Works* 



Progress Administration (WPA), part of President Roosevelt's New Deal, which employed over 8.5 million people. This session explores national programs and others that transformed the landscape of Chicago and Illinois with artistic projects. In Session II, we will review the Legacy of Packhorse Librarians and the Bookmobile, a group of brave women who endured trials and tribulations to spread literacy in a nation desperate for literary resources. Attendees will learn how Illinois and the Chicago area greatly benefited from the American Library Association and Eleanor Roosevelt's rotating inventory of books. In Session III, attendees will discover the Legacy of the Gee's Bend Quilters, a group of freed slaves in 1845, who settled in a rural isolated community of Gee's Bend, Alabama. They developed a rich quilting tradition passed down through generations. This unique stitching artistry now hangs in prestigious museums, including the Metropolitan Museum of Art in New York and the Smithsonian American Art Museum in Washington, DC. Finally, in Session IV, attendees will examine the Legacy of Music with pianist, Thomas Lyons, who studied at the American Conservatory of Music. He will bring the songs of this decade to life. The significance of music to the era will be presented in the form of storytelling and composition.

#### 4C-SESSION

MONDAYS, OCTOBER 7, 14, 21, AND 28 11:45 AM - 12:45 PM Register by September 30 Location: CL203

#### THE BOOK OF HEBREWS – PARTICIPATION IN GOD'S SPEECH

Benjamin Ribbens, Trinity Christian College Professor of Theology

The Book of Hebrews opens with the declaration that God "has spoken to us by his Son" (1:2). In this class, attendees will see how this meaningful opening phrase unfolds throughout Hebrews. We will hear Father, Son, and Holy Spirit all speak words of the Old Testament (God "has spoken"). We will encounter the titles and functions of the Son ("by his Son"); and we will experience God's speech and be called to respond ("to us"). Join us for this transformative exploration of the Book of Hebrews, where ancient truths come alive and invite us into a deeper relationship with the Triune God.



#### SENIOR BREAK

Senior Breaks are extracurricular activities specially designed to meet the unique needs and aspirations of senior adult learners seeking continuous self-development. Tailored to foster personal growth, these activities provide a supportive and engaging environment for seniors to explore new interests, acquire new skills, enhance their overall well-being and have fun. Whether it's mastering a new hobby, staying connected with modern technology, or simply embracing opportunities for personal enrichment, Senior Breaks provide a platform for seniors to thrive and continue their journey of self-discovery. These workshops are a testament to the belief that learning knows no age limit and that seniors deserve every opportunity to invest in their own self-development for a more vibrant and fulfilling life. Come fellowship with other members and bring a guest. Registration required; \$10 per attendee.

#### SB1

WEDNESDAY, OCTOBER 23 10:00 AM - 11:30 AM Register by September 16 Location: Bootsma Bookstore Café @ Navajo Creek Hearthside Room

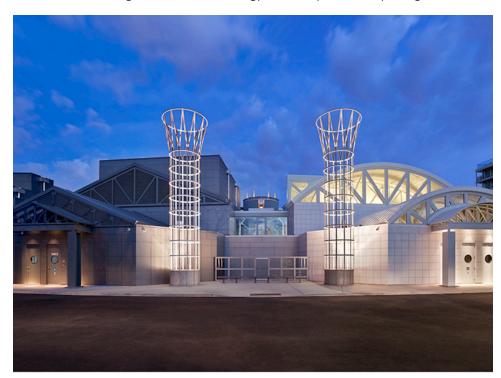
#### IN TODAY'S NEWS: EXPLORING CURRENT EVENTS THROUGH INFORMED DISCUSSION Rich Schaeffer, SALT Advisory Board Member

World and local news play a vital role in society by keeping citizens informed about events. The news connects communities by highlighting diverse perspectives and issues to help promote understanding and empathy. This workshop is designed to encourage participants to explore current topics in the news through thoughtful discussion and insightful debate while fostering a deeper perception of local and global issues. Participants are encouraged to articulate informed opinions on contemporary topics. This workshop is ideal for anyone interested in engaging with others on current events.

#### **SENIOR TRIPS**

ST1	ILLINOIS HOLOCAUST MUSEUM &
THURSDAY,	EDUCATION CENTER
SEPTEMBER 26	9603 Woods Drive, Skokie, IL 60077
9:00 AM - 3:00 PM	www.ilholocaustmuseum.org
Register by September 19	Transportation provided. Lunch at Reflections
\$45 per person	Cafe included.
Limit: 35	Level of Physical Activity: Moderate (at your
	own pace)

Attendees will independently explore two major exhibits: *The Zev & Shifra Karkomi Holocaust Exhibition* which displays pre-war European life, the rise of Nazism, the Holocaust, and the post-war experiences of survivors as they resettled in Skokie, Illinois. More than 500 artifacts, documents, photographs, and a German rail car of the type used in Nazi deportations, are on display. Survivor stories woven throughout the exhibition make the experience both powerful and personal. Attendees will complete the experience with the first-in-the-world, virtual reality exhibition, *The Journey Back*, which applies cutting-edge technology to engage visitors on a journey with holocaust survivors. The exhibition is a global game-changer, revolutionizing the field of memories of the Holocaust through innovative technology and transportive storytelling.



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ST2	BAPS SHRI SWAMINARAYAN MANDIR
MONDAY, SEPTEMBER 30	1851 S. IL Route 59, Bartlett, IL 60103-3008
8:30 AM - 3:00 PM	www.baps.org
Register by September 23	Transportation provided. Lunch on your own
\$35 per person	at the Shayona Food Center located on the
Limit: 35	premises.
	Level of Physical Activity: Light to Moderate

"A place of paramount peace...to realize God." BAPS is a spiritual and humanitarian Hindu organization dedicated to serving humanity by caring for individuals, families, and society. A dedicated force of thousands of volunteers offers over 12 million volunteer hours every year to serve the community through various health, education, disaster relief, and environmental protection projects. BAPS Shri Swaminarayan Mandir, Bartlett, IL is one of the Mandirs. Mandir is a word of Sanskrit origin and it means the 'dwelling place for the Deities'. The BAPS Shri Swaminarayan Mandir Complex has become the focus of interest and wonder for thousands of local citizens and people visiting Chicagoland. The fusion of traditional Indian architecture with modern technology has attracted people from all walks of life. From school groups to architects, visitors all marvel at the stunning architecture and breathtaking artistry of the Mandir. This masterpiece of ancient design and workmanship, which was put up in only 16 months, is testimony to the sheer dedication and devotion of over 1,700 volunteers.

The Mandir exemplifies a system of construction that has been proven to withstand the tests of time; thus, providing a place that will continue to generate memories and experiences for posterity. Visitors to the Mandir can experience the various facets of Hindu rites and rituals, in addition to, the core philosophical concepts of the religion. The Mandir, an exhibition of "Understanding Hinduism;" and the Haveli, a traditional Indian mansion with historical and architectural significance, give visitors a concise; yet, comprehensive study of the Hindu religion. It is an inspiring place to learn about the culture of India - the values and traditions associated with Hinduism. For lunch, attendees will have an opportunity to experience Indian Cuisine at the Shayona Food Center located in the Mandir. **Note: Attendees are required to remove their shoes upon entering the Mandir Buildings.** 





ST3 FRIDAY, OCTOBER 25 9:00 AM - 3:00 PM Register by October 18 \$45 per person

Attendees: Min: 25/Max: 35

#### **ILLINOIS AVIATION MUSEUM**

130 S Clow International Pkwy, Bolingbrook, IL 60490 www.illinoisaviationmuseum.org Transportation provided. Lunch at Charlie's Restaurant included. Level of Physical Activity: Moderate

The Illinois Aviation Museum (IAM) is home to many aviation artifacts that are on display. Participants will embark on a journey through the rich tapestry of aviation history, innovation, and adventure. IAM's grassroots began in 2001 when four people sat down and shared a common vision to establish a place for the community to explore aviation and the sciences at CLOW Airport. The CLOW Airport, named for its founder Oliver Boyd Clow, was built in the 1950s as a grass airstrip. In 1992, the airport was used as a location for the film, *Folks*, with Tom Selleck and Don Ameche, which included a cameo by Mr. Clow. After the museum tour, attendees will enjoy lunch at the onsite diner, Charlie's Restaurant, while viewing the display of artifacts.

ST4	L
THURSDAY, OCTOBER 31	1
8:30 AM - 3:00 PM	w
Register by October 24	Ti
\$45 per person	G
Limit: 35	L

#### IZZADRO MUSEUM OF LAPIDARY ART

1220 Kensington Road, Oak Brook, IL 60523 www.lizzadromuseum.org Transportation provided. Lunch at Driftwood Grille included. Level of Physical Activity: Moderate

The Lizzadro Museum displays more than 200 pieces of jade and other hardstone carvings from around the world, featuring several internationally famous pieces. Included are a fine nephrite jade imperial altar set completed during the Ming Dynasty (1368-1644) and an exquisite cinnabar screen encrusted with carved gemstones. The cinnabar screen was a birthday gift to the Chinese emperor, Qianlong (Ch'ien Lung) in 1791. Both the screen and the altar set were originally housed in the lavish imperial palaces of China.

Other prime examples of lapidary art are exhibited in the form of snuff bottles, modern and antique vases and bowls, and many other decorative and functional items. Three walls of the museum's main floor feature dioramas, models representing scenes with threedimensional figures, that show small scenes populated by creatures native to the depicted environment. Children and adults alike are fascinated by the gemstone inhabitants of these dioramas, all of which were carved in Idar-Oberstein, Germany.



The Museum's collection also features beautiful examples of Florentine and Roman stone mosaics, cameos and intaglios, and displays of faceted gemstones and mineral specimens. Finally, the awe-inspiring *Castle Lizzadro* is an 18K gold sculpture with diamond windows setting on a base of mineral specimens. Join us and see an extraordinary collection of gems, hardstone carvings, rocks and minerals from around the world. After the tour, attendees can visit the gift shop to purchase their own collection of gemstones.

#### SPECIAL PRESENTATIONS

<mark>SP1</mark> TUESDAY, OCTOBER 15 1:00 PM - 2:30 PM	THE SECRET CODES TO FREEDOM ON THE UNDERGROUND RAILROAD
Register by October 8	Connie Martin, Educator, Storyteller,
\$40 per person	nicknamed "The Quilt Whisperer"
Location: Ozinga Chapel	ilhumanities.org/speakers/connie-martin
Grand Lobby	

"Knowledge of the past sparks wisdom in the evolving future." Discover the hidden codes and secret messages within family stories of 15 colorful, beautifully hand-crafted, quilts that tell the significance of helping slaves escape on the Underground Railroad in this multi-media historical presentation. Meanings and interpretations behind different patterning will be revealed, attendees will learn about the codes in the quilts that signify routes that ancestors, or quilter's descendants, may have taken to escape to freedom in Canada.

This presentation will explore how African American slaves used special hidden stitching techniques to communicate during this pivotal time in history. Research has been compiled from many different sources such as an 1850 family Bible, pictures, interviews, ancestors of abolitionists, national archives, registries, as well as antique Pre-Civil War dated quilts which will be on display during the presentation.

Ms. Martin is a sixth-generation descendant of captured, enslaved Africans forced into slavery in America. The book, *Lizzie's Story: A Slave Family's Journey to Freedom*, which presents the family story and was written by Ms. Martin's mother, Dr. Clarice Boswell, will be available for purchase after the event.





SP2	
WEDNESDAY,	
NOVEMBER 6	
1:00 PM - 2:00 PM	E
Register by October 30	15
\$15 per person	
Location: Vermeer Fireside Room	

#### **A HISTORY OF POPULAR CHRISTMAS CAROLS** Barbara Barrett, History "Edutainment" Speaker

In this fascinating program, attendees will understand the difference between a Christmas Carol and a Christmas song and examine who wrote the lyrics and melodies, why they were written, and what they really mean. Using audio and video, attendees will discover which Christmas carols and songs are forms of worship, educational tools, secular entertainment, forms of protest, political commentary, or outright marketing gimmicks. The artists whose recordings transformed Christmas carols and songs into Billboard hits will also be featured. Come and explore music for "the most wonderful time of the year!"









SP3WHCTHURSDAY, NOVEMBER 7WHC11:00 AM - 12:30 PMOF NRegister by October 31OLD\$40 per person (Includes an autographed copyJoy Lof the best-selling book, Who Will Take Care ofSpeaMe When I'm Old?)AuthLocation: Ozinga Chapel Grand Lobbywww

#### WHO WILL TAKE CARE OF ME WHEN I AM OLD?

Joy Loverde, Keynote Speaker and Best-Selling Author www.elderindustry.com

What's your plan for aging well? No plan? No children or they live far away? Whatever your situation may be, you're not alone. One in three Boomers falls into the category of separated, divorced, widowed, or never married. Committed couples aren't out of the woods either. One partner eventually outlives the other. Joy Loverde is a sought-after speaker on the subject of active aging and has been featured in national media including Good Morning America, Today Show, New York Times, NPR Radio and others. Joy will share strategies for living your best life now. Attendees will also gain insights about longevity and how to plan for the unknown future. Each attendee receives an autographed copy of Joy's best-selling book, *Who Will Take Care of Me When I'm Old?* 





# \*\$25 TICKETS FOR ALL 'SALT' MEMBERS

FOR 2024/25 IPO SEASON

#### **ILLINOIS COUNCIL OF ORCHESTRAS**

"PROFESSIONAL ORCHESTRA OF THE YEAR" 2020, 2010, 1991

**Concert schedule and ticket purchases** available at IPOmusic.org

- Tickets held at Will Call. Must show SALT ID to claim
  SALT Discount Promo Code Available at Trinity Christian College Advancement Office
  SALT Discount NOT available for October 19, 2024 concert



ADMISSION FOR SALT IEMBERS

# **Transitions:** SSO's Diamond Jubilee

DAVID L. CRANE, **Music Director Emeritus** 

2024 ICO Conductor of the Year (Community)



Marquise: Power, Passion & November 10<sup>th</sup>, 2024

Holiday Joy December 13<sup>th</sup> & 15<sup>th</sup>, 2024

**Radiant: Celebrate 60!** March 2<sup>nd</sup>, 2025

#### FOR MORE INFORMATION OR TO PURCHASE TICKETS:

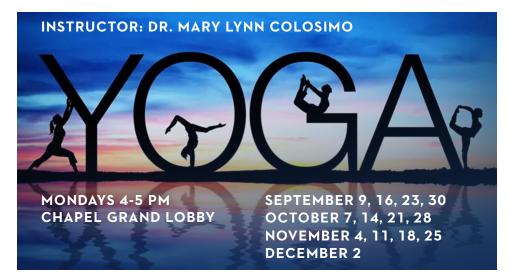
Call 708.802.0686 or Email: southwestsymphony@gmail.com

Tickets can be purchased in advance or at the door. Ask for the discounted rate and show your SALT ID.





#### **HEALTH & WELLNESS MONDAYS**



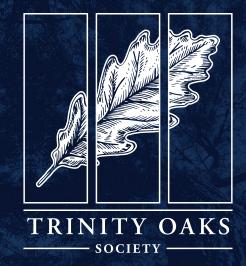
#### CHAPEL SERVICES

#### JOIN THE TRINITY COMMUNITY IN WORSHIP

All students, staff, faculty, and community members are invited to join us for chapel on **Tuesdays and Fridays from 10:40AM - 11:15 AM**. Following chapel is a time of fellowship where we gather over light refreshments.

#### Visit the Campus Ministry page:

trnty.edu/student-life/campus-ministry



#### LEAVE A LASTING LEGACY AT TRINITY CHRISTIAN COLLEGE

Imagine making an impact that extends far beyond your lifetime. By including Trinity Christian College/SALT in your estate planning, you can help shape the future for generations to come.

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