

# SALT

SEASONED ADULTS LEARNING AT TRINITY



SPRING 2025

— || —  
**TRINITY**  
CHRISTIAN COLLEGE





SEASONED ADULTS LEARNING AT TRINITY

**Open House Event**  
**Wednesday, March 12, 2025**  
**1:00 PM – 3:00 PM**  
**Doors Open at 12:30 PM**

Ozinga Chapel Grand Lobby  
 Register by March 7th

Registration required  
 Complete enclosed Registration Form or visit  
[trnty.edu/SALT](http://trnty.edu/SALT) to sign-up

- Learn about spring SALT classes, fieldtrips, and activities
- Meet Advisory Board Members
- Meet SALT Instructors
- Visit with local partners of the SALT program
- On-site registration
- Light refreshments served



**Welcome Back to an Exciting Season of Salt!**

SALT (Seasoned Adults Learning at Trinity) is a membership-based program for community members 50+ who are interested in ongoing education and lifelong learning. We offer a variety of courses on numerous topics, as well as fieldtrips, book discussions, and special events.

**Membership**

The annual membership fee is \$25. Membership includes: access to on-campus services, discounts from selected partners, and personal invitations to campus events. Members must be enrolled in at least one class each semester for the membership to remain active. Members may bring a friend to activities as outlined by the SALT program. For a list of membership incentives, see Membership Perks.

**Registration**

Enrollment for classes, trips, and other SALT activities can be made in-person, online, or by mail. Membership and enrollment information will be sent by mail to the registered member. Visa, Mastercard, and Discover credit cards are valid forms of payment. Cash is not accepted. All checks or money orders should be made payable to Trinity Christian College.

Mail payments to:

Trinity Christian College  
 ATTN: SALT Office  
 6601 W. College Drive  
 Palos Heights, IL 60463



**Annual Membership Fee (REQUIRED)**  
 April 1, 2025-March 31, 2026

<b>1-Session Course</b>	<b>\$25</b>
<b>2-Session Courses</b>	<b>\$30</b>
<b>3-Session Courses</b>	<b>\$35</b>
<b>4-Session Courses</b>	<b>\$40</b>
<b>5-Session Courses</b>	<b>\$45</b>
<b>6-Session Courses</b>	<b>\$50</b>

<b>Bring a Friend to Class Pass</b>	<b>\$15</b>
<b>Senior Break</b>	<b>\$15</b>
<b>Listener's Pass</b>	<b>FREE</b>

## Membership Perks

- Special discounts on Illinois Philharmonic Orchestra and Southwest Symphony Orchestra performances
- Special invitations to chapel services, lectures, and other events
- Audit a Trinity Christian College class (Listener's Pass)
- Access to Library Services
- 20% discount at Bookstore
- Quarterly Newsletter
- Discount in Trinity's Dining Hall
- Discount at Bootsma Café
- On-campus parking sticker

## Advisory Board Members

Marjorie Perkins  
Merrill Riddering  
Lynn Tenkate  
Bob Rice  
Linda Nicol  
Rich Schaeffer

## Parking

Trinity Christian College has five general parking lots. For your convenience, it is recommended that you use the Ozinga Chapel or Cheyenne Drive lots. If you have any questions regarding parking, contact Security, 708.239.3722. The parking permit needs to be displayed on your dashboard while parking on college property.

## Photographs

While participating in our various programs, you may be photographed. These photographs are used in a variety of publications and advertising materials. By registering for our programs, participants consent to the use of these pictures.

## Bring a Friend to Class Pass

Do you have a friend who wants to see SALT in action before becoming a member? Members can bring a friend to one class, any session per season (April-June or September-November) for a fee of \$15 per person. Subject to available seating.

## Refunds and Withdrawals

No refunds will be given for withdrawals made less than one week prior to the class start date. Requests for a refund or withdrawal must be made in writing to salt@trnty.edu.

## Participants

There is a minimum of five participants in a class and 10 per trip. In the event of low enrollment, classes and trips will be canceled.

## Listener's Pass (Value \$330)

A SALT member may attend a Trinity Christian College course for free per semester and participate in all activities of the course but does not have an obligation to fulfill any of the requirements of the course, nor does the instructor have an obligation to evaluate the attendee's work.

A listing of courses will be distributed to the membership prior to Trinity's semester start date. Members who are interested in using the Listener's Pass can email salt@trnty.edu with the name of the course. An email will be sent confirming enrollment as a "listener" in the course. The Listener's Pass is subject to instructor approval.

## Instructor Biographies

To learn more about each class instructor, visit trnty.edu/SALT.

## Class and Activity Descriptions

For a full description of classes and activities, visit trnty.edu/SALT.

**ASSISTANT  
DIRECTOR  
ADVANCEMENT  
SERVICES & SALT  
PROGRAM**

**Dewoun Hayes**  
salt@trnty.edu  
708.293.4570



## Many Thanks to Our Partners

Trinity Christian College: Bootsma Bookstore Cafe, Library Services, Faculty & Staff; Metz Culinary Management, Illinois Philharmonic Orchestra, Southwest Symphony Orchestra, Franciscan Village, and Northwestern Medicine

"Ye are the Salt of the Earth...Ye are the Light of the World."  
~Matthew 5:13-14



**IPO** ILLINOIS PHILHARMONIC ORCHESTRA  
*Stilian Kirov, Gibb Music Director*

**\* \$25 TICKETS  
 FOR ALL 'SALT' MEMBERS  
 FOR 2024/25 IPO SEASON**

**ILLINOIS COUNCIL OF ORCHESTRAS**  
*"PROFESSIONAL ORCHESTRA OF THE YEAR"*  
 2020, 2010, 1991

**Concert schedule and ticket purchases  
 available at [IPOmusic.org](http://IPOmusic.org)**

- \*Plus fees
- \*Tickets held at Will Call. Must show SALT ID to claim
- \*SALT Discount Promo Code Available at Trinity Christian College SALT Office

**SOUTHWEST  
 SYMPHONY  
 ORCHESTRA**

**\$10  
 ADMISSION  
 FOR SALT  
 MEMBERS**

**Transitions:  
 SSO's Diamond Jubilee**

DAVID L. CRANE,  
 Music Director Emeritus  
 2024 ICO Conductor of the Year  
 (Community)

**2025 SEASON**

**Radiant: Celebrate 60!**  
 March 2, 2025  
**Baguette: April in Paris**  
 April 6, 2025

**Emerald: Cross Keys  
 and Tchaikovsky**  
 May 10, 2025

**FOR MORE INFORMATION OR TO PURCHASE TICKETS:**  
**Call 708.802.0686 or Email: [southwestsymphony@gmail.com](mailto:southwestsymphony@gmail.com)**  
*Tickets can be purchased in advance or at the door. Ask for the discounted rate and show your SALT ID.*

**HEALTH & WELLNESS MONDAYS**



**Mondays 4:00-5:00 pm** February 10, 24  
**Chapel Grand Lobby** March 10, 17, 31  
 Instructor: Dr. Mary Lynn April 7, 14, 21, 28  
 Colosimo May 5, 12

**CHAPEL SERVICES**

**Join the Trinity Community in Worship**

All students, staff, faculty, and community members are invited to join us for chapel on **Tuesdays and Fridays from 10:40 AM -11:15 AM.**

Following chapel is a time of fellowship where we gather over light refreshments.

**Visit the Campus Ministry page:**  
[trnty.edu/student-life/campus-ministry](http://trnty.edu/student-life/campus-ministry)



**LEAVE A LASTING LEGACY AT  
 TRINITY CHRISTIAN COLLEGE**

Imagine making an impact that extends far beyond your lifetime. By including Trinity Christian College/ SALT in your estate planning, you can help shape the future for generations to come.

The Trinity Oaks Society is a special community of visionary donors who have chosen to support the college through planned giving. By becoming a member, you support the ongoing success of Trinity Christian College and the SALT Program, helping to deliver a transformative education anchored in Christian values.

**For more information, visit**  
[trnty.edu/donors/trinity-oaks-society](http://trnty.edu/donors/trinity-oaks-society)

**If you have any questions about Trinity Oaks Society, please contact us at [advancement@trnty.edu](mailto:advancement@trnty.edu).**

## 1-Session Class

- A** Preparing for the Afterlife: Egyptian Religion and Practices before Caesar

## 2-Session Classes

- A** Be Still and Know: Mindful Movement Meditation
- B** Trailblazing for Wellness: A Guide to Walking Trails

## 3-Session Classes

- A** Craft Your Legacy Letter-Sharing Your Story, Faith, and Values
- B** In Today's News - Exploring Current Events Through Informed Discussion
- C** History of Motown Records
- D** Exploring Elderhood in the Movies
- E** Exploring Disability Representation in Classic, Young Adult, and Graphic Novel Literature

## 4-Session Classes

- A** Hebrews - Participating in God's Speech: The High Priest Speaks
- B** The History of Climate Change

## 6-Session Class

- A** Homer Then and Now



## 1-Session Course Description

### 1A Session

**Tuesday, April 1**  
**10:30 am – noon**

Location: CL204  
Register by March 27

**Preparing for the Afterlife: Egyptian Religion and Practices before Caesar**

Kenneth Schoon, Professor of Science Education, Indiana University NW

This class will explore Egypt's captivating history, focusing on the sun and the Nile's influence on its culture. Participants will gain insights into how this ancient civilization connects to modern understanding.

## 2-Session Course Descriptions

### 2A Session

**Wednesdays,**  
**April 2 and 9**  
**3 pm – 4:30 pm**

Location: Ozinga  
Chapel Grand Lobby  
Register by March 28

**Be Still and Know: Mindful Movement Meditation**

Mary-Lynn Colosimo, Emeritus Professor of Psychology, Trinity Christian College and Certified Yoga and Meditation Teacher  
*Physical Level of Activity: Light*  
*Limit 15 participants.*

Mindful movement meditation blends meditation with gentle physical movements to enhance the mind-body connection. Participants will use 'breath work' to calm the mind while engaging in simple, mindful practices suitable for all experience levels. This is not a yoga class, but a mindfulness class, using some gentle yoga movements to wake up the body and the mind.

### 2B Session

**Wednesday, May 14 @**  
**10 am – 11 am**  
**Wednesday, May 21 @**  
**10 am – 11:30 am**

Location: CL203  
Register by May 7

**Trailblazing for Wellness: A Guide to Walking Trails**

Hannah Wasco, Assistant Dean of Student Engagement, Trinity Christian College  
*Physical Level of Activity: Moderate*

In this two-session class, participants will learn trail planning, safety tips, and route selection. The second session includes a visit to a local forest preserve to apply these skills. Transportation for the trail walk will be limited; attendees are welcome to use their own vehicles.

### 3-Session Course Descriptions

#### 3A Session

**Wednesdays, April 2,  
9, and 16**

**10 am – 11:30 am**

Location: CL202

Register by March 28

**Craft Your Legacy: Letter-  
Sharing Your Story, Faith,  
and Values**

Cleo Lampos, Educator and  
Storyteller

A legacy letter is a heartfelt gift—a chance to reflect on your life experiences and share the wisdom and values you've gained with the next generation and your loved ones. This class invites you on a meaningful journey of self-discovery and storytelling.

#### 3B Session

**Thursdays, April 3, 10,  
and 17**

**1 pm – 2:30 pm**

Location: Fusion 59 Room

Register by March 27

**In Today's News - Exploring  
Current Events Through  
Informed Discussion**

Rich Schaeffer, SALT  
Advisory Board Member

World and local news play a crucial role in society by keeping citizens informed about current events and by fostering connections within communities. This workshop is designed to encourage participants to explore current topics in the news through thoughtful discussion and insightful debate while fostering a deeper perception of local and global issues.

#### 3C Session

**Mondays, April 14, 21,  
and 28**

**9:30 am – 11 am**

Location: CL215

Register by April 7

**History of Motown Records**

Gary Wenstrup, Adjunct  
Professor, College of DuPage  
Christian College

In Detroit in the 1960's, Motown Records produced hits as efficiently as the Ford Motor Company produced automobiles. Using audio and visual content, we'll trace the amazing musical journey from the power soul of timeless music that moved us then and moves us now.

#### 3D Session

**Mondays, June 2, 9,  
and 16**

**10 am – 11:30 am**

Location: CL212

Register by May 27

**Exploring Elderhood in the  
Movies**

Jim VandenBosch, Executive  
Director of Terra Nova Films,  
Inc.

This class explores how feature films, documentaries, and television portray the lives of older adults, reflecting the growing interest of baby boomer viewers. Participants will critically examine myths and stereotypes about aging, reconstructing a more holistic understanding of elderhood.

### 3E Session

**Monday, May  
19; Wednesday,  
May 21; and  
Friday, May 23**

**1 pm - 2:30 pm**

Location: Fusion  
59 Room

Register by May 12

**Exploring Disability Representation  
in Classic, Young Adult, and  
Graphic Novel Literature**

William Boerman-Cornell, Professor  
Education, Trinity Christian College,  
Christine Scholma, Assoc. Professor  
of Special Education, Trinity  
Christian College

This three-session class examines the portrayal of characters with developmental disabilities across eight decades and three continents, reflecting societal contexts. Each session focuses on a different story: *Of Mice and Men* (1937), *The Bridge Home* (2019), and *The Stars are Scattered* (2020), exploring themes like disability, misunderstanding, resilience, and survival. Participants will engage in relaxed discussions about the books, disability representation, and censorship. View the full class description at [www.trnty.edu/salt](http://www.trnty.edu/salt) for information regarding the books for the class.

### 4-Session Course Descriptions

#### 4A Session

**Thursdays, April 3, 10,  
17 and 24**

**10 am – 11:15 am**

Location: CL204

Register by March 29

**Hebrews – Participating  
in God's Speech: The High  
Priest Speaks**

Benjamin Ribbens, Professor  
of Theology, Trinity Christian  
College

The *Book of Hebrews* begins with the profound declaration that God “has spoken to us by his Son” (1:2). This class will explore how this theme unfolds in Hebrews 5–13, focusing on the Son's titles and functions, especially as High Priest, and the call to respond to God's speech.

#### 4B Session

**Thursdays, May 1, 8,  
15, and 22**

**11 am – noon**

Location: CL215

Register by April 24

**The History of Climate  
Change**

Sky Johnston, Assist.  
Professor of History, Trinity  
Christian College

This class provides a historical perspective on climate change, making the topic accessible and engaging for all learners. Sessions cover how climate history is studied, the *Holocene* era, the *Anthropocene*, and current responses to climate change. Designed to welcome diverse beliefs, the class explores what the history of climate change means for today and the future.

## 6-Session Course Description

### 6A Session

**Mondays, April 7, 14,  
21, 28, May 5 and 12  
1 pm – 2:30 pm**

Location: CL211

Register by March 31

### Homer Then and Now

Mike VanderWeele, Professor  
Emeritus of English, Trinity  
Christian College

This class offers an opportunity to explore Homer's *Odyssey*, a foundational work of journey narratives, while delving into its themes of adventure, homecoming, and hospitality. In addition to reading the epic, we will examine how Homeric hospitality connects to art, justice, and modern understandings, and explore its potential insights into biblical teachings. Participants will also engage with Gareth Hinds' graphic novel adaptation of *The Odyssey*, which offers a fresh and accessible take on the original text. View the full class description at [www.trnty.edu/salt](http://www.trnty.edu/salt) for information regarding the books for the class.



## Senior Break Descriptions

### SB1

**Tuesday, May 13  
10 am – 11:00 am**

Location: Vermeer  
Fireside Room  
Register by May 6

### Understanding Key Changes to Senior Health Plans in 2025

Michael J. Semyck, Semyck  
Financial Services, Inc.

This workshop will explore significant changes to Senior Health Plans introduced by the Inflation Reduction Act, including updates to Medicare coverage, Prescription Drug Plans, and the growing role of Medicare Advantage Plans.

### SB2

**Friday, May 16  
10 am – 11:30 am**

Location: Fusion 59  
Room  
Register by May 9

### Using Digital Discernment: How to Spot and Avoid AI-Powered Scams

Dewoun Hayes, Assistant  
Director Advancement  
Services & SALT Program,  
Trinity Christian College

This interactive workshop will equip participants with practical strategies to identify and avoid common scams, such as phishing emails, fake phone calls, and fraudulent online schemes.

## Senior Trips

### ST1

**Tuesday, April 15  
10:30 am – 4 pm**

\$35 per person

Register by April 8

### A Divine Tour of Historical Churches in Chicago

Transportation provided.

Light snacks included.

Level of Physical Activity: Moderate

**Church #1:** Quinn Chapel AME, 2401 S. Wabash  
Avenue, Chicago, IL; [www.quinnchicago.org](http://www.quinnchicago.org)

**Church #2:** Old St. Patrick's Catholic Church, 700  
West Adams Street, Chicago, IL; [www.oldstpats.org](http://www.oldstpats.org)

### ST2

**Wednesday,  
April 30  
10 am – 5 pm**

\$100 per person

Register by April 23

### *The Da Vinci Code: Mystery and a Meal at the Drury Lane Theatre*

Transportation provided.

3-course lunch included.

100 Drury Lane, Oakbrook Terrace, IL 60181  
[www.drurylanetheatre.com](http://www.drurylanetheatre.com)

### ST3

**Friday, April 25  
9 am – 3 pm**

\$45 per person

Register by April 18

### Illinois Aviation Museum

Transportation provided.

Lunch included.

Level of Physical Activity: Moderate

130 S Clow International Pkwy, Bolingbrook, IL 60490  
[www.illinoisaviationmuseum.org](http://www.illinoisaviationmuseum.org)

### ST4

**Friday, May 23  
9 am – 4 pm**

\$55 per person

Register by May 2

### Chicago Botanic Garden

Transportation provided.

Boxed lunch included.

Level of Physical Activity: Very  
Moderate

1000 Lake Cook Road, Glencoe, IL 60022  
[www.chicagobotanic.org](http://www.chicagobotanic.org)

## Special Presentations

### SP1

**Friday, April 4  
11 am – 12:30 pm**

\$30 per person

Location: CL204

Register by March 30

**1619 – The Journey of a People**

Ted Williams III, Playwright,  
Professor, and Performer

[www.tedwilliamsIII.com](http://www.tedwilliamsIII.com)

This one-man show packs generations of history into an abridged performance. *1619: The Journey of a People* commemorates the struggles, recognizes the heroes, and critically analyzes the American journey towards freedom and equality. The presentation is approximately 60 minutes, followed by a Q & A session.

### SP2

**Wednesday, May 7  
1 pm – 2 pm**

\$20 per person

Location: Vermeer  
Fireside Room

Register by April 30

**The History of Sears,  
Roebuck and Co.**

Barbara J. Barrett, History  
“Edutainment” Speaker

Come and explore the rich and fascinating history of the world’s largest store from its humble beginning in 1886 to the present.



### SP3

**Thursday, May 29  
11 am – 12:30 pm**

\$30 per person

Location: Vermeer  
Fireside Room

Register by May 22

**Through the Eyes of Maria  
Anna Mozart- The Untold  
Story of Wolfgang’s Sister**

Megan Wells, Award-Winning  
Storyteller and Actress

Megan Wells, brings Maria Anna Mozart, Wolfgang Amadeus Mozart’s sister, to life. Through this captivating performance, you’ll gain a unique perspective on the Mozart family, exploring the dynamics of their extraordinary household and the life of one of history’s most iconic composers.

